

FOURTH  
ANNUAL REPORT

OF THE

COMMITTEE OF VISITORS

OF THE

SURREY COUNTY LUNATIC ASYLUM



AT

BROOKWOOD,

TO BE PRESENTED TO THE

COURT OF QUARTER SESSION,

HELD AT REIGATE,

ON THE 4TH DAY OF APRIL, 1871.

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# COMMITTEE OF VISITORS

FOR THE YEAR 1871.

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- The Hon. FRANCIS SCOTT ..... Sendhurst Grange, Woking Station,  
**Chairman.**
- The VISCOUNT MIDLETON ..... Peperharrow, Godalming, and 20,  
Beaufort Gardens. S.W.
- The Hon. PETER JOHN LOCKE KING, M.P. Brooklands, Weybridge, and 38,  
Dover Street, Piccadilly. W.
- EDWARD RICHARDS ADAMS, Esq. .... Elmhurst, South Croydon.
- FRANCIS HENRY BEAUMONT, Esq. .... Buckland Court, Reigate.
- CHARLES BUXTON Esq., M.P. .... Fox Warren, Cobham.
- ALLEN CHANDLER, Esq. .... Haslemere.
- Capt. SWINNERTON HALLIDAY DYER.. Westcroft Lodge, Bagshot, Farnboro'  
Station.
- WILLIAM HARDMAN, Esq. .... Norbiton Hall, Kingston-upon-  
Thames,
- WILLIAM FREDERICK HARRISON, Esq. Bartropps, Weybridge.
- Major-Gen. JOHN ARTHUR LAMBERT .. Weston House, Thames Ditton,  
Kingston.
- Colonel FREDERICK MARSHALL ..... Catteshall Manor, Godalming.
- ARCHIBALD STIRLING MATHISON, Esq. Lockner Holt, Chilworth, Guildford.
- Major PITCAIRN ONSLOW ..... Dunsborough House, Woking Station.
- EDW. HUGHLEYCESTER PENRHYN, Esq. East Sheen, S.W.
- JAMES PHILLIPS, Esq. .... The Westlords, Clapham Common. S.W.
- THOMAS WILLMER POCOCK, Esq. .... Glenridge, Virginia Water, Staines.

\* Those with an asterisk form the **House Committee.**

## Officers.

- Resident Medical Superintendent*—DR. THOMAS NADAULD BRUSHFIELD.
- Assistant Medical Officer*—E. SWAIN, Esq.
- Chaplain*—REV. J. M. GILLINGTON.
- Treasurers*—MESSRS. HAYDON & Co., Guildford Bank.
- Clerk to Visitors*—MR. JOSIAH CARTLEDGE, Record Office, North St., Lambeth. S.E
- Clerk and Steward*—MR. WALTER CAPPE.
- Housekeeper*—MISS FRANKLIN.
- Head Male Attendant*—MR. J. C. TURNER.
- Head Female Attendant*—MISS FLINT.



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## SURREY.

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*To Her Majesty's Justices of the Peace for the County of Surrey, in the Easter General Quarter Session, 1871, assembled.*

THE Committee of Visitors of Brookwood Asylum, in presenting their Report as to the management of the Asylum during the year 1870, have to state as follows :—

There were, at the commencement of the year, 303 male and 317 female, total 620 patients in the Asylum. During the year 98 males and 88 females, total 186, were admitted ; 35 males and 51 females, total 86, were discharged ; and 49 males and 34 females, total 83, died. Of the 86 discharges, 63 were on recovery, 2 were in cases relieved, and 21 were patients not improved. There remained in the Asylum at the end of the year a total of 637 patients, whereof 317 were males and 320 females, leaving a margin for 4 males and 9 females. At the time there were applications for more than the space afforded, which was immediately filled, and although all patients who were chargeable elsewhere were removed in order to make the utmost provision for County cases, it became necessary before February, 1871, expired, to refuse 13 females.

The weekly charge to Unions, &c., was 10s. 6d. per patient throughout the year.

We have audited the Accounts and found them correct ; a very full statement thereof is appended hereto. It will be seen that the income has exceeded the expenditure, and we are thus enabled to hope that ere long it will be in our power to reduce the charge to Unions.

Under an Order of the Court of Quarter Session, the road



which ran through the land to the south of the Asylum buildings has been stopped, and the new road made, which is a valuable improvement.

The Committee submitted to the Commissioners in Lunacy, plans for the construction of a Coal Vault, a Receiving Room for Stores, a new Mortuary, new Workshops, Shed, &c., and a Shoe Room, and the same have been duly approved by the Secretary of State. The Coal Vault, Receiving Room, and Gardener's Shed have been completed, and the remainder will be carried out as soon as opportunity offers, without calling upon the County for any extra contribution.

The management of the Asylum has been carried on in the same way as mentioned in former Annual Reports. Employment and recreation have been carefully attended to. The principal part of the patients, as the tables shew, have been constantly engaged; the males in assisting the gardener, farm bailiff, joiner, engineers, plumber, painter, tailor, shoemaker, upholsterer, baker and bricklayer; and as coal carriers, helpers in the wards, kitchen, and domestic offices; while the females have been employed in the kitchen and laundry, as helpers in the wards, making and mending men's clothing, binding boots and shoes, mending stockings, and other needlework. About 80 (one-eighth of the whole) are unable to do any work on account of sickness, infirmity, or old age. The entertainments alluded to in previous reports, as being so advantageous, have been continued by Dr. BRUSHFIELD and the officers, and tend much to promote the happiness and well-being of the patients. The number of patients attending the entertainments is greatly limited by the size of the room in which they are given.

The Religious Services in the Chapel have been duly performed and regularly attended by 260, being as many patients as the Chapel would accommodate ; and Morning Prayers have been read daily in the Workshops, when about 130 patients attend.

The Roman Catholic Priest continues to attend and to minister to patients of that religion.

The food, clothing, and bedding for the patients has been of the most satisfactory character ; and the Asylum and its furniture have throughout the year been in excellent condition, and presented a very cheerful appearance.

With regard to the sufficiency of the Asylum for the pauper lunatics of the County, we have again to report that the number in the County has increased from 2,463 to 2,558 ; being an addition of 95 during the past year.

The Metropolitan Asylum for Imbeciles, at Caterham, has been opened, and lists of patients in Brookwood, suitable for Caterham, have been forwarded hence to the Guardians of Metropolitan Unions at their request, yet no application has been made for their removal, and we are unable to judge what relief Caterham may afford to this Asylum.

The Committee append hereto the Medical Superintendent's Annual Report, accompanied by the usual Statistical Tables ; also the Chaplain's Report, some Tables by the Clerk and Steward, and likewise the Report of the Commissioners in Lunacy, on their annual visit, which is in every respect gratifying and satisfactory. The Commissioners express a wish that in consequence of the increase of patients in the last year a second Assistant Medical

Officer should be appointed; whereupon the Visitors, having adverted to such recommendation, state that inasmuch as no increase of patients has occurred here since the Report of the Commissioners, and as a Committee of both Asylums has been appointed to consider what further accommodation may be required, the Visitors thought it advisable not to increase the existing Medical Staff at Brookwood until the joint Committee shall have reported.

Upon reference to the above-mentioned Tables and Reports, every detail in connection with the working of the Asylum may be ascertained.

The Committee, in this their Annual Report, would again desire to record that to which they have already adverted, viz., the great loss they sustained in the death of three members—Mr. BRISCOE, Col. CALVERT, and Mr. BEST—the latter of whom especially rendered most valuable services ever since the commencement of the Institution.

They wish also to express their sense of the good conduct of all the Officers and Servants in the Establishment, who, under the able and watchful management of the Medical Superintendent, have contributed materially to its carrying out the objects for which it was established, viz., the care and cure of the patients.

Dated this 17th day of March, 1871.

FRANCIS SCOTT, *Chairman.*

T. W. POCOCK.

S. H. DYER.

ALLEN CHANDLER.

WM. FREDERICK HARRISON.



SURREY COUNTY LUNATIC ASYLUM AT BROOKWOOD.

INCOME and EXPENDITURE for the Year ending 31st December, 1870.

I N C O M E.					E X P E N D I T U R E.				
QUARTERS ENDING.					QUARTERS ENDING.				
31st March.	30th June.	30th Sept.	31st Dec.	Year ending 31st Dec. 1870.	31st March.	30th June.	30th Sept.	31st Dec.	Year ending 31st Dec. 1870.
FROM WEEKLY RATE.					OUT OF WEEKLY RATE.				
£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.	£ s. d.
From Unions in Surrey, for Maintenance.....					<i>Salaries and Wages.</i>				
3445 15 8	3559 16 6	3639 14 0	3734 11 6	14879 17 8	By Officers.....	348 12 6	343 16 7	345 19 7	349 17 6
					„ Attendants and Servants .....	459 13 11	463 4 7	485 16 6	479 5 1
					Total .....	783 6 5	797 1 2	831 16 1	826 1 6 3
From Out County Unions, for Maintenance .....					<i>Provisions.</i>				
85 1 11	95 15 6	94 6 11	27 11 2	302 15 6	By Meat.....	626 16 10	713 13 7	829 6 8	749 4 5
					„ Australian Boiled Mutton .....	.....	43 10 5	9 15 0	35 17 0
					„ Flour.....	324 0 0	324 0 0	436 0 0	312 0 0
					„ Potatoes and other Vegetables..	99 17 0	201 18 3	.....	.....
					„ Milk.....	50 6 3	26 2 4	.....	.....
					„ Tea, Coffee, and Cocoa .....	123 9 8	140 19 8	109 6 0	92 14 8
775 13 0	764 0 6	749 3 6	754 1 0	3042 18 0	„ Butter .....	46 9 11	52 1 1	46 13 5	56 18 1
					„ Cheese .....	36 7 9	31 9 7	46 11 3	18 2 6
					„ Bacon .....	12 6 0	22 14 6	27 11 3	23 13 9
					„ Eggs .....	34 8 0	44 2 0	44 2 0	50 8 0
	15 15 6	.....	2 6	37 16 0	„ Ramonic Extract .....	94 8 0	104 0 0	98 8 0	97 12 0
					„ Barley, Peas, Rice, &c. ....	10 13 0	14 15 0	9 5 0	14 14 9
					„ Sugar and Molasses .....	76 8 5	68 1 6	73 13 11	67 16 6
					„ Sundry Groceries.....	14 16 4	8 16 4	12 5 7	16 10 1
					Total .....	1645 11 8	1890 17 4	1883 5 7	7155 17 6
Miscellaneous Sales and Receipts..					<i>Necessaries.</i>				
.....	25 6 1	.....	7 10 5	32 16 6	For Firing.....	301 14 6	223 7 1	213 9 7	304 3 6
					„ Light .....	81 12 4	33 7 1	27 15 2	55 11 7
					„ Washing .....	68 17 3	36 8 8	49 18 0	54 5 0
					„ House Cleaning .....	19 18 4	15 14 6	8 12 11	13 10 3
					By Water Supply .....	.....	.....	17 18 3	.....
					Total .....	472 2 5	308 17 4	317 13 11	427 10 4
					„ Wine, Spirits, and Porter ....	113 8 3	133 10 0	114 13 6	125 8 0
					Total .....	.....	.....	.....	489 19 9
Totals.....					<i>Surgery and Dispensary.</i>				
4306 10 7	4460 14 1	4483 4 5	4545 14 7	17796 3 8	By Drugs and Chemicals.....	6 12 8	26 16 10	28 12 5	23 5 5
					„ Instruments and Appliances ..	3 0 6	9 10 0	1 10 3	5 16 5
					Total .....	9 13 2	36 6 10	30 2 8	29 1 10
					„ Funerals .....	28 10 0	24 17 6	22 10 0	16 10 0
					„ Clothing .....	336 13 8	464 13 9	434 16 3	442 5 2
					Total .....	.....	.....	.....	1698 8 10
From County Treasurer, for Additions and Alterations .....					<i>Bedding and Furniture.</i>				
87 8 9	34 11 4	163 18 11	114 1 0	400 0 0	By Bedding .....	11 1 3	57 3 9	11 12 11	.....
					„ Linen and Woollen .....	61 0 3	110 10 0	127 0 4	36 15 4
					„ Brushes, Rope, Mats, &c. ....	21 15 0	35 11 9	14 19 10	30 9 9
					„ Earthenware .....	10 11 10	33 9 9	23 12 10	3 1 3
					„ Ironmongery .....	15 0 4	31 0 6	22 15 3	8 4 7
					„ Furniture and Upholstery ....	8 12 9	37 17 0	64 19 4	16 10 9
					Total .....	117 0 2	259 10 3	310 11 4	793 16 4
					„ Garden and Farm do. ....	238 1 11	484 6 9	208 19 3	1110 12 7
					Total .....	.....	.....	.....	.....
Totals.....					<i>Miscellaneous.</i>				
4306 10 7	4460 14 1	4483 4 5	4545 14 7	17796 3 8	By Snuff and Tobacco .....	23 16 0	27 0 0	28 19 6	30 11 0
					„ Amusements for Patients .....	3 12 0	.....	5 2 0	5 8 10
					„ Books, Periodicals, &c. ....	16 16 1	23 12 0	11 16 0	18 10 10
					„ Carriage .....	1 13 3	1 13 4	21 10 3	17 19 11
					„ Cleaning Chimnies .....	.....	.....	1 13 4	1 18 10
					„ Extra Medical Attendance .....	8 14 9	9 8 9	.....	7 17 0
					„ Postage and Carriage of Letters	4 17 4	0 18 11	9 1 3	11 4 3
					„ Rates and Taxes .....	1 14 3	1 9 1	.....	1 9 9
					„ Recapture of Patients .....	3 4 6	.....	2 2 2	2 17 10
					„ Removal of Patients .....	.....	.....	.....	.....
					„ Stationery, Printing, and Advertising .....	16 6 8	20 12 8	17 1 11	26 1 3
					„ Travelling Expenses .....	8 14 11	10 8 5	11 13 11	18 18 4
					„ Clerk to Visitors, Disbursements	5 13 7	5 17 0	5 0 6	5 14 5
					„ Music and Musical Instruments	0 13 3	1 15 5	.....	10 0 4
					„ Allowance to Patient on Trial..	.....	2 2 0	.....	.....
					Total .....	103 12 2	119 6 5	114 0 10	158 12 7
					TOTALS .....	3807 19 10	4472 7 4	4268 9 5	4120 12 8
					Total .....	.....	.....	.....	16729 9 3
FROM COUNTY RATE.					FROM COUNTY RATE.				
87 8 9	34 11 4	163 18 11	114 1 0	400 0 0	Additions and Alterations .....	87 8 9	34 11 4	163 18 11	114 1 0
					Total .....	.....	.....	.....	400 0 0
For Ordinary Repairs .....					<i>Ordinary Repairs.</i>				
336 7 4	415 4 0	481 19 8	596 6 2	1829 17 2	By Artisans' and Laborers' Work	146 7 6	182 6 0	158 5 3	263 11 5
					„ Timber, Bricks, Lime, &c. ....	84 5 6	68 3 7	66 15 0	65 4 11
					„ Glass and Lead .....	20 9 11	9 1 4	31 7 4	29 17 5
					„ Oils, Paint, and Paperhanging..	14 8 10	20 7 0	44 3 10	18 2 6
					„ Engineers' Work and Ironmongery .....	37 7 5	119 6 11	102 7 4	57 9 6
					„ Carriage of Goods .....	3 8 2	2 8 2	7 1 5	2 11 9
					„ Sundries .....	30 0 0	8 11 0	16 3 0	17 14 8
					„ Fencing and Planting.....	.....	5 0 0	35 16 6	87 3 0
					„ Insurance .....	.....	.....	.....	54 11 0
					„ Fire Engine .....	.....	.....	20 0 0	.....
					Total .....	336 7 4	415 4 0	481 19 8	596 6 2
423 16 1	449 15 4	645 18 7	710 7 2	2229 17 2	Total .....	423 16 1	449 15 4	645 18 7	710 7 2
					Total .....	.....	.....	.....	2229 17 2
Total Income from Weekly Rate and from County Rate .....					Total Expenditure from Weekly Rate and from County Rate .....				
4730 6 8	4910 9 5	5129 3 0	5256 1 9	20026 0 10	By Salaries and Wages .....	4291 15 11	4922 2 8	4914 8 0	4830 19 10
					„ Provisions .....	.....	.....	.....	18059 6 5
					„ Wine, Spirits, and Porter .....	.....	.....	.....	4987 8 6
					„ Surgery and Dispensary .....	.....	.....	.....	.....
					„ Clothing .....	.....	.....	.....	.....
					„ Bedding and Furniture.....	.....	.....	.....	.....
					„ Garden and Farm .....	.....	.....	.....	.....
					Miscellaneous .....	.....	.....	.....	.....
					Total .....	.....	.....	.....	.....
					Less Sale of Farm Produce, &c., and Miscellaneous Receipts .....	.....	.....	.....	.....
					Total .....	.....	.....	.....	.....

Examined and approved this 3rd March, 1871.

FRANCIS SCOTT, Chairman,  
J. A. LAMBERT,  
S. H. DYER,  
T. W. POCOCK.

WALTER CAPPE,  
Clerk and Steward.

SUMMARY OF EXPENDITURE FOR 1870.				Average Weekly Cost per Patient.
MAINTENANCE OF PATIENTS.				£ s. d.
Salaries and Wages .....	3261 0 3	.....	.....	1 11 329
Provisions .....	7155 17 6	.....	.....	4 35 45
Necessaries .....	1596 4 0	.....	.....	0 11 000
Wine, Spirits, and Porter .....	489 19 9	.....	.....	0 3 583
Surgery and Dispensary .....	105 4 6	.....	.....	0 0 738
Clothing .....	1698 8 10	.....	.....	1 02 08
Bedding and Furniture.....	793 16 4	.....	.....	0 57 27
Garden and Farm .....	1110 12 7	.....	.....	0 8 000
Miscellaneous .....	485 12 0	.....	.....	0 36 10
Less Sale of Farm Produce, &c., and Miscellaneous Receipts .....	£10637 1 9	.....	.....	9 11 456
Total .....	70 12 6	.....	.....	0 05 09
Total .....	£16566 9 3	.....	.....	9 11 447





## BROOKWOOD

*BALANCE STATEMENT*

1870.		£	s.	d.
Dec. 31.	To Amount due for the Maintenance of Patients from			
	Unions in Surrey .. .. .	3,734	10	0
	To ditto ditto Out-County Unions ..	30	15	4
	To ditto from County Treasurer .. .. .	754	1	0
	To ditto ditto for Building and Repairs .. ..	710	7	2
	To Balance of Cash this day in Bankers' hands .. ..	2,495	5	11
	To ditto in Clerk and Steward's hands .. .. .	65	11	6
		<hr/>		
		£7,790 10 11		
		<hr/>		



## ASYLUM.

to 31st December, 1870.

1870.		£	s.	d.
Dec. 31.	By Amounts due to Tradesmen .. .. .	2,803	2	5
	By Surplus .. .. .	4,987	8	6

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£7,790 10 11

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WALTER CAPPE,  
*Clerk and Steward.*

Examined and approved, Feb. 17th, 1871.

FRANCIS SCOTT, *Chairman*,  
J. A. LAMBERT,  
ALLEN CHANDLER,  
T. W. POCOCK,  
S. H. DYER.

*FARM AND GARDE*


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1870.		£	s.	d.
Jan. 1.	To Live and Dead Stock, valued at .. .. .	842	2	2
Dec. 31.	„ Cash paid for Labour, Horse-hire, &c. .. ..	470	14	10
	„ Cash paid for Cattle .. .. .	175	0	0
	„ Cash paid for Corn, Seeds, Manure, Implements, and Sundry Expenses .. .. .	821	3	4
		<hr/>		
		2,309	0	4
	Balance in favor.. .. .	80	17	0
		<hr/>		
		£2,389	17	4
		<hr/> <hr/>		

WALTER CAPPE,  
*Clerk and Steward.*

## ACCOUNT, for the Year 1870.

Cr.

1870.		£	s.	d.
Dec. 31.	By Amount of Produce supplied to the Asylum, viz.:—Milk, Beef, Pork, Potatoes, and Green Vegetables, at Market Prices .. .. .	1,336	0	1
	„ Cash received for Sundries sold .. .. .	37	16	0
	„ Miscellaneous Cartage for Asylum .. .. .	52	0	0
	„ Live and Dead Stock, valued at .. .. .	964	1	3

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£2,389 17 4

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Examined and Approved,  
3rd March, 1871.

FRANCIS SCOTT, *Chairman.*

J. A. LAMBERT,

S. H. DYER,

T. W. POCOCK.

# SPECIAL GRANTS. BUILDING ACCOUNT.

INCOME.		EXPENDITURE.	
FROM COUNTY.			
1870.	£ s. d.	1870.	£ s. d.
Jan. 1. Balance .. .. .	940 10 10	Jan. 24. Messrs. Cliff & Co., Tank-makers ..	96 8 6
		Mar. 19. Messrs. Holland & Hannen, Builders	414 0 0
		„ 31. Mr. C. H. Howell, Architect's Com- mission .....	39 8 0
		June 30. Sundry Tradesmen for Furniture ..	143 5 9
		Dec. 31. Balance .....	693 2 3
			247 8 7
	<u>£940 10 10</u>		<u>£940 10 10</u>
			14

## PURCHASE OF LAND AT NORTH BOUNDARY.

1870.	£ s. d.	1870.	£ s. d.
From County Treasurer .....	613 3 9	Jan. 21. Necropolis Company for Land.....	530 0 0
		Mar. 18. Messrs. Smallpeice for Law charges .	38 3 0
		April 22. Mr. C. H. Howell for Surveyor's ditto	8 8 0
		Oct. 28. Forming Boundaries.....	36 12 9
	<u>£613 3 9</u>		<u>£613 3 9</u>

Examined and approved, February 17th, 1871.

FRANCIS SCOTT, <i>Chairman.</i>	WALTER CAPPE,
T. W. POOCK,	<i>Clerk and Steward.</i>
J. A. LAMBERT,	



REPORT  
OF  
THE MEDICAL SUPERINTENDENT,  
FOR THE YEAR 1870.

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BROOKWOOD ASYLUM.

MY LORDS AND GENTLEMEN,

I have the honour to submit to you the Fourth Annual Report of the condition of the Asylum and its inmates, with the customary Appendix of Statistical Tables.

On the 1st day of the year there were 620 inmates, and on December 31st the number was 637. The general daily average was 640, being an increase of 94 beyond that of the year 1869. The admissions were 186, and the discharges and deaths 169.

Of the 186 admissions, 175 were new cases so far as this Institution was concerned. Fifteen were transfer cases, 10 of which were received from Wandsworth Asylum and were chargeable to the County fund. Nearly one-fourth were above 50 years of age. Although the cases admitted were,

as a rule, in a somewhat less unsatisfactory state than those of the preceding year, yet the following were amongst the number:—A female, the subject of acute suicidal melancholia, was reported to have been detained in a workhouse 10 days, during which period she constantly wore a restraint jacket, and was kept in a padded room. Another patient from the same workhouse had abrasion of both ankles from the use of restraining ligatures. A man far advanced in general paralysis had been a workhouse inmate for seven months, and when received was dirty in his person, had vermin in his head, large sores over his sacrum, and had several bruises, one of large size being situated on the front of the chest. One patient had double pneumonia. Four were suffering from extensive bed sores; and one had a wound in the throat implicating both the larynx and œsophagus, the result of two most determined attempts to commit suicide.

The Asylum has had its powers of accommodation fully tested: erected for the reception of 650 inmates, the number had augmented at one period of the year to 657, and yet no less than 45 patients (all females) were refused admission, owing to want of room.

To make room for the admission of Surrey cases, 14 patients who had been adjudicated as belonging to Unions in other Counties were discharged, and on the last day of the year there was not one patient of this class remaining.

Of the 86 patients discharged, 63 were recovered; being

in the proportion of 33·8 per cent. of the admissions, and <sup>7·8</sup>~~8·7~~ of the total number under treatment. Of these, 32 were under treatment for less than six months. In commenting upon the proportion of recoveries, it is very obvious that it must entirely depend upon the proportion of curable,—that is to say, of recent cases admitted, of which class from 60 to 70 per cent. may be reckoned upon to recover. Now of the 186 patients who were admitted here during the past year, in 57 only—or less than a third of the cases—were there any reasonable hopes of recovery. Of the 129 hopeless incurables, 45 were the subject of epilepsy or of general paralysis, 20 of idiocy or imbecility, and the remaining 64 were suffering from chronic-mania or from dementia. Of the 57 curable cases, 29—or about 50 per cent.—have been already discharged, and so many of the others are in a fair way of recovery that about an additional 15 per cent. may be fairly relied on.\* This will testify that as a Hospital for the proper medical treatment of recoverable cases, the Institution has fully and fairly accomplished its mission. I have had to draw the attention of the Committee on several occasions during the year to the large proportion of admissions where the mental malady was of a most unfavorable type. The results to the County, so far as curative treatment is concerned, would have been more beneficial had a certain number of beds always been set apart for recent and recoverable cases; but the applications for admission have hitherto been so numerous and urgent that it was felt a matter of necessity to comply with them as far as possible, and no patient has been refused admission so long as there was any room; but

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\* Several of these have already been discharged (March, 1871).



the effect has been to make the Institution assume more of the character of a Hospital for Incurables. To the Medical Officers it is a most sad and depressing duty daily to visit wards thronged with patients to whom medical aid appears to be of no avail in promoting mental restoration, and to feel that beyond relieving occasional sickness and assisting in every way to maintain their bodily health, nothing more can be done.

There were 83 deaths—a proportion of nearly 13 per cent. of the daily average number of inmates. That it would be large was fairly evident from the causes adverted to in my report of the previous year. Ten were due to epilepsy; 15 to diseases of the chest, of which number 10 were cases of pulmonary consumption; 18 were caused by apoplexy and organic disease of the brain, and in 11 old age appeared to be the sole cause. Twenty-four of the 49 deaths amongst the males were due to general paralysis. In 39 instances the ages were beyond 50—nine of the number being over 80. The average age at death was 49·84; the age of the youngest being 14 and of the oldest 89.

Two inquests were held. The first was on a patient who was found dead, after having been seen alive by the Night Attendant half an hour previously. She was the subject of acute epileptic attacks, which occasionally assumed an apoplectic character, and in one of these she had evidently died. In this instance “Death from Natural Causes” was the verdict. The second was a case where suffocation had taken place by the patient having turned over on her face during an epilep-



tic fit and been smothered in her pillow, a verdict to which effect was returned.

Owing to the number of patients afflicted with epilepsy, their proper visitation during the night is a source of much anxiety to the officers. Death from suffocation during a fit is very rare ; nevertheless, in order to diminish the risk as far as possible, all those who are liable to the attacks are accommodated in sleeping rooms adjacent to each other, so as to facilitate their more effective supervision by the Night Attendants, who are now required to visit them every hour, viz., once during the regular round which takes place every two hours, and a special visit in the interval. A vigilant patient also sleeps in each room, to afford assistance by rousing the Day Attendant in the adjoining room ; and all the dormitories so occupied by this class are being fitted up with gas jets over and outside the door, to be kept alight throughout the night, and thus facilitate a more effectual inspection.

There were 86 epileptics and 55 general paralytics remaining in the Asylum on December 31st, a total of 141, being in the proportion of 1 in every  $4\frac{1}{2}$  patients, which is somewhat greater than that of the preceding year.

Since the opening of the Institution in June, 1867, no case of suicide has occurred. Notwithstanding all the care and vigilance that may be exercised, instances of successful attempts will occasionally happen. At the present time there are several cases in either division, who from having this propensity strongly developed require incessant watching

The plan of weighing every patient once a month has been adopted, and afforded much assistance to the Medical Officers in calling their attention at once to any inmates who are losing flesh, and which circumstance might in some instances otherwise not be recognised for some time. All patients are weighed at the time of their admission and also of their discharge, and almost invariably a great increase has been found when recovery has taken place.

There have been only two instances of seclusion during the year, and in each for a short period only.

The general health of the inmates throughout the year was satisfactory. At one time much apprehension was felt owing to the prevailing severe epidemics of scarlet fever and small-pox in the whole of the surrounding neighbourhood. The desirability of the erection of a small detached hospital, in case of any such outbreak, cannot be too strongly urged, especially as it could be used as a convalescent ward at other periods.

Much inconvenience has been and is caused by the defective nature of the certificates accompanying the admission of patients. These defects are of two kinds:—

I. From the Statutory forms not being strictly complied with; either there are errors of omission, or the entries are incorrect, or illegal from not having been made within the proper period.

II. From the weak and imperfect character of the Medical Certificates.

The latter is in every respect the more important, and is in part due to the unsatisfactory character of the present legal form required. The admission paper consists of three parts—the “Order for Reception,” signed by a magistrate; the “Statement,” to be filled up and signed by the relieving officer; and the “Medical Certificate.” In the “Statement,” the relieving officer has to supply the following information :—

Duration of existing attack.

Supposed cause.

Whether subject to epilepsy.

Whether suicidal.

Whether dangerous to others.

Now it is very evident that these particulars ought to fall to the province of the medical practitioner to answer and to embody in his certificate, and although he may require to be assisted in this respect by the relieving officer, yet whether the entries be matters of fact or of opinion, they are essentially of a medical nature. Under the present legal form the replies to these important questions are too often erroneous, and calculated to mislead those who have the subsequent care of the case, and not unfrequently are directly opposed to the facts contained in the medical certificate. Again, this certificate should include all particulars of a medical nature necessary for the medical officers of the Asylum to be supplied with, and should therefore be complete and exhaustive. For this purpose it would be advantageous to arrange the information in a tabulated form, under a variety of headings, on a similar plan to those



of the "Statement," although somewhat more elaborated, and this would aid the medical man in stating his facts upon which he based his opinion of the patient's mental malady. At present the medical certifier has, under the heading of "Facts indicating insanity" observed by himself, to make entries without having any kind of guide to assist him in selecting and arranging his facts, so that certificates too often contain a mass of crude statements which in many cases are of no moment, or do not relate to the mental impairment, whilst on the other hand symptoms of the utmost importance are altogether omitted. The following examples will suffice to illustrate the foregoing remarks :—

J. R. C., for three months the inmate of a Workhouse ; was admitted with suicidal melancholia. The statement, as signed by the Relieving Officer, affirmed him to be not suicidal, whilst the symptoms, as detailed in the medical certificate, were to the contrary effect. In the admission room, and in the presence of the person who brought him, he threatened to commit self-destruction, and a few days subsequently made a most determined attempt to effect his purpose. This patient was not brought until eight days after the date of the medical certificate (April 1st), and accordingly, as this was beyond the period allowed by the law he was not received, and had to be taken back to the Workhouse. He was admitted three days afterwards with new certificates.

S. S., suffering from chronic-mania when admitted. The whole of the "Facts indicating insanity," as observed by the



medical man, were thus reported by him :—" On Monday last I heard S. S. making a great noise and shouting at the top of her voice about the treatment she had received in the Workhouse. She was in a most excited state and made a great disturbance ; to day she is quiet, and has answered my questions fairly but not always correctly." Now none of these " facts " were at all inconsistent with the patient being perfectly sane. Examination of her case soon proved that her mind was considerably impaired. She had hallucinations of hearing, was the subject of fancied provocation, made groundless complaints, declared she could get no food, and when any was placed before her refused to partake of it, and shortly afterwards again affirmed she was unable to obtain any, and was unable to give a coherent account of her history, etc. ; all of which were good " facts " as testifying to her insanity, and were sufficiently explanatory of her occasional noisy excitement—a symptom of minor importance in comparison with those already mentioned.

The Asylum was visited by the Commissioners in Lunacy on February 19th, and again on June 16th and 17th.

As a rule about two-thirds of the entire number of patients have followed some occupation. Amongst the males the operations in the farm and garden have formed the chief employment.

The weekly parties of both sexes have regularly met from October to May, and have continued on the same footing as heretofore. They have afforded much pleasure to the

patients as well as to the staff generally, by helping to break the monotonous routine of Asylum life. The want of a large and commodious hall is much felt, not only for recreation meetings but also for a number of other purposes for which it could be usefully employed.

Miss GOODWIN, the Housekeeper, left in April, on the occasion of her appointment as Matron of the Earlswood Asylum for Idiots. This was the only change that occurred amongst the officers.

Although changes amongst the attendants and servants have not been more frequent than usual, the difficulties of procuring the services of good and efficient persons to fill up the vacancies appear rather to increase. It would naturally be thought that those who had gained experience in other similar Institutions of the nature of the required duties to be performed would be most fit and proper for appointment; but in practice, so large a section of this class fail to give satisfaction, that in selecting candidates a preference is commonly given to those who have not had previous experience of Asylum duties. In too many instances, notwithstanding the outward display of cleanliness, smartness, and attention to duties, of this class of professional attendants in the presence of officers, there is soon evidence of an undercurrent of uneasiness; and although the patients may make no complaint, it is felt that they do not receive the proper amount of attention they ought to do. Moreover, by introducing objectionable habits and practices from other Asylums, they are apt to create a feeling of dissatisfaction, and to induce

much mischief amongst the well-disposed of the other Attendants, and so add materially to the anxious labours of the officers. By the Lunacy Act, the dismissal or forced resignation of an attendant for misconduct of any kind is required to be reported to the Commissioners in Lunacy, in order "by means of a central register, available for general reference, to prevent improper persons from being employed in the care of the insane;" (8th Report of the Commissioners in Lunacy, pp. 63-4) but this object has been completely frustrated in practice, and the experience of other medical superintendents, as well as of mine, testifies to the fact that attendants, after being discharged for misconduct of any kind, have hitherto had but little trouble in being engaged in other Asylums.\* Now if it were made obligatory for the names of all attendants and servants entering or leaving the service of an Asylum, together with such other information as might be thought desirable to be sent to the office of the Commissioners in Lunacy, an accurate and complete register would be established, and would be of material benefit to all having charge of Lunatic Asylums. Such a record would afford the Commissioners a better opportunity of ascertaining the changes that occurred in the staff of any Asylum; it would prevent the engagement of anyone who had been discharged for misconduct; of those who, after a probationary period, had been found inefficient; and of those who are in the persistent habit of leaving their places "for a change." Under any circumstances the patients would be the gainers.

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\* "We have reason to believe that attendants obtain employment, who, if due enquiries were made, would be ascertained to have been dismissed for misconduct from previous situations. In all cases of doubt, application should be made to this office for information, which would be readily furnished."—(17th Report of Commissioners in Lunacy, p. 38.)



The wife of the Farm Bailiff died of puerperal fever on October 26th, very much regretted by all who knew her, and more particularly by the patients located in the farm residence, of whom she had the domestic charge, and to whom she had been very kind and attentive. This was the first death that had occurred amongst the staff since the opening of the Asylum.

There has been no lack of water supply throughout the year. During the extraordinary drought of the past summer, when our own reservoirs were exhausted, the daily amount required was drawn from the Canal, and passed through a water meter, the quantity so drawn amounting to 1,433,000 gallons. By an arrangement with the Canal Company, the pipes and meter remain ready to furnish a supply whenever required, payment to be made at the rate of threepence per 1,000 gallons.

A large Shed with loft and cellar has been erected contiguous to the garden, for the use of the Gardener and his men to work in during wet weather, as well as to act as a store place. Large Coal Vaults in connection with the low pressure boiler house, have been constructed. A Receiving Room has been added to the principal store department, so as to obviate the necessity of tradespeople entering the main building.

The Kitchen accommodation has been increased, and made more efficient by the erection of additional cooking boilers.



In the Laundry department a considerable saving of fuel has been effected by altering the mode of heating the drying closets.

The construction of the new Road on the south side of the Canal, through the land belonging to the Necropolis Company, having been completed, the roadway which intersected the south portion of the Asylum estate, and was becoming a great nuisance, was closed on July 4th, and by making the grounds more private has been of material benefit to the Institution. On the north and west sides the recently acquired land has been fenced in, and a belt of plantation has been commenced along the boundary. The only portion of the estate now not bounded by public roads or by the Canal is a short length on the north-west side.

The past year has been essentially one of quiet progress in the affairs of the Institution, without the occurrence of any serious casualty to mar the general harmony that has existed. Although minor alterations and improvements, to make the buildings, &c., better fitted for their purpose will constantly suggest themselves, the two great additions which are much required to make the present Establishment practically complete, consist of a Recreation Hall and a Detached Hospital Ward. I have already adverted to the great need of them in this as well as in previous reports; and if I bring the subject more prominently under your notice it is because the every day experience of Asylum life serves but to corroborate the conviction of their urgent necessity.

I have to acknowledge the assistance of the General Staff in the multifarious details of Asylum management, especially of Mr. EDWARD SWAIN, the Assistant Medical Officer, who, since his appointment in May, 1868, has been a most willing and efficient coadjutor in promoting in every way the comfort and well-being of the inmates.

Thanking you for the continued proofs of the confidence reposed in me,

I remain,

My Lords and Gentlemen,

Your most obedient Servant,

T. N. BRUSHFIELD, M.D.,  
*Medical Superintendent.*

*To the Committee of Visitors.*

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# TABLES.

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TABLE 1.

*Shewing the Admissions, Re-admissions, Discharges, and Deaths,  
during the Year 1870.*

	M.	F.	T.	M.	F.	T.
In the Asylum, 1st January, 1870 ..	..	..	..	303	317	620
Admissions during the year .. ..	90	85	175			
Re-admissions .. ..	8	3	11			
Total Admitted .. .. .	..	..	..	98	88	186
Total under care during the year				401	405	806
Discharged, or removed—						
Recovered .. .. .	24	39	63			
Relieved .. .. .	..	2	2			
Not improved.. .. .	11	10	21			
Died .. .. .	49	34	83			
Total discharged and died during the } year .. .. .	..	..	..	84	85	169
Remaining in the Asylum, Dec. 31st, } 1870 .. .. .	..	..	..	317	320	637
Average numbers resident during the } year .. .. .	..	..	..	312	328	640

Per Centage of Recoveries on Total Number under Treatment ..	7·8
Ditto ditto Admissions during the Year ..	33·8
Ditto Deaths on the average number daily Resident ..	12·97
Ditto ditto Total number under Treatment..	10·29
Greatest number resident at one time .. ..	657
Least number ditto ditto .. ..	617



TABLE 2.

*Shewing the Admissions, Re-Admissions, and Discharges and Deaths, from the opening of the Asylum to the 31st December, 1870.*

	M.	F.	T.	M.	F.	T.
Patients admitted during the period of 3½ Years .. .. . }	..	..	..	513	541	1054
Re-Admissions .. .. .	..	..	..	16	12	28
Total Cases Admitted .. .. .	..	..	..	529	553	1082
Discharged or Removed—						
Recovered .. .. .	68	123	191			
Relieved .. .. .	8	8	16			
Not improved.. .. .	22	17	39			
Died .. .. .	114	85	199			
Total Discharged and Died since the opening of the Asylum .. . }	..	..	..	212	233	445
Remaining 31st December, 1870 ..	.	..	..	317	320	637
Average numbers resident during the 3½ Years .. .. . }	..	..	..	228·6	257·5	486

TABLE 3.

*Shewing the Admissions, Discharges, and Deaths, with mean Annual Mortality, and Proportion of Recoveries per Cent. of the Admissions, for each year since the opening of the Asylum.*

YEAR.	ADMITTED.			DISCHARGED.												DIED.						Remaining 31 December, in each Year.						Average Numbers resident.						Percentage of Recoveries on Admissions.						Percentage of Deaths on Average Numbers resident.					
				Recovered.						Relieved.																																			
	M	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.												
1867.....	160	168	328	2	8	10	-	-	-	1	1	2	5	4	9	80.6	92.6	173	1.25	4.76	3.04	6.19	4.31	5.19																					
1868.....	146	196	342	24	38	62	5	4	9	7	2	9	28	23	51	203	239	442	16.5	19.4	18.1	13.8	9.6	11.5																					
1869.....	125	101	226	18	38	56	3	2	5	3	4	7	32	24	56	251	295	546	14.4	37.6	24.7	12.6	8.1	10.25																					
1870.....	98	88	186	24	39	63	-	2	2	11	10	21	49	34	83	312	328	640	24.4	44.3	33.8	15.7	10.3	12.9																					
Totals.....	529	553	1082	68	123	191	8	8	16	22	17	39	114	85	199	228.6	257.5	486	-	-	-	-	-	-																					

*Shewing the History of the Annual Admissions since the Opening of the Asylum, with the Discharges and Deaths, and the Numbers of each Year remaining on the 31st December of the Year reported on.*

ADMITTED				Of each Year's Admissions, Discharged and Died in 1870								Total Discharged and Died of each Year's Admissions to 31st December, 1870								Remaining of each Year's Admissions 31st December, 1870.						
New Cases.		Relapsed Cases		Recovered		Relieved		Not Improved		Died		Recovered		Relieved		Not Improved		Died		Males		Females		Total		
Males		Females		Males		Females		Males		Females		Males		Females		Males		Females		Males		Females		Total		
1867	160	167	1	328	3	3	1	1	1	1	9	10	19	12	25	37	4	2	6	33	33	66	111	104	215	
1868	141	192	5	342	3	4	2	2	4	10	9	19	28	48	76	7	3	10	10	6	38	28	66	63	111	174
1869	122	97	3	226	9	15	6	5	11	15	8	23	16	33	49	1	1	2	6	6	28	17	45	74	44	118
1870	90	85	8	186	12	17	2	3	5	15	7	22	12	17	29	-	-	-	2	3	15	7	22	69	61	130
TOTAL	513	541	16	1082	24	39	11	10	21	49	34	83	68	123	191	8	8	16	22	17	114	85	199	317	320	637

SUMMARY OF TOTAL ADMISSIONS	Males	Females	Total
Per-centage of Cases Recovered . . . . .	12.8	22.2	17.65
Relieved . . . . .	1.5	1.4	1.47
not Improved . . . . .	4.1	3.1	3.61
Dead . . . . .	21.6	15.4	18.40
Remaining . . . . .	60.0	57.9	58.87
	100.0	100.0	100.00

TABLE 5.

*Shewing the Causes of Death during the Year.*

CAUSES OF DEATH.	M.	F.	T.
CEREBRAL OR SPINAL DISEASES—			
Apoplexy .. .. .	3	3	6
Epilepsy .. .. .	3	7	10
General Paresis .. .. .	24	—	24
Maniacal and Melancholic Exhaustion or Decay .. .. .	..	1	1
Disease of Brain .. .. .	5	7	12
THORACIC DISEASE—			
Inflammation of the Lungs and Bronchi.. .	..	2	2
Pulmonary Consumption . . . . .	5	3	8
Disease of the Heart .. .. .	3	2	5
ABDOMINAL DISEASE—			
Peritonitis .. .. .	..	1	1
Disease of Kidneys .. .. .	..	1	1
DIARRHŒA .. .. .	..	1	1
CARIES OF SPINE .. .. .	1	..	1
OLD AGE .. .. .	5	6	11
TOTAL ..	49	34	83

TABLE 6.

*Shewing the Length of Residence in those Discharged Recovered, and in those who have Died during the Year.*

LENGTH OF RESIDENCE.	Recovered.			Died.		
	M.	F.	T.	M.	F.	T.
Under 1 month .. .. .	..	1	1	5	2	7
From 1 to 3 months .. .. .	5	7	12	9	5	14
From 3 to 6 months .. .. .	8	11	19	6	3	9
From 6 to 9 months .. .. .	2	6	8	4	2	6
From 9 to 12 months .. .. .	5	4	9	1	..	1
From 1 to 2 years .. .. .	4	5	9	9	8	17
From 2 to 3 years .. .. .	..	3	3	12	12	24
From 3 to 3½ years .. .. .	..	2	2	3	2	5
TOTAL ..	24	39	63	49	34	83



TABLE 7.

*Shewing the duration of the Disorder on Admission, in the Admissions, Discharges and Deaths during the year.*

DURATION OF DISEASE ON ADMISSION IN FOUR CLASSES.												
CLASS.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
				Recovered.			Removed, Relieved, or otherwise.					
				M.	F.	T.	M.	F.	T.			
First Class— First attack, and within 3 months on admission .. .. .	50	41	91	15	26	41	4	6	10	19	9	28
Second Class— First attack, above 3 and within 12 months on admission ..	13	10	23	1	—	1	2	1	3	8	7	15
Third Class— Not first attack and within 12 months on admission .. ..	20	14	34	8	10	18	3	1	4	4	3	7
Fourth Class— First attack or not, but of more than 12 months on admission	15	23	38	—	3	3	2	4	6	18	15	33
Total .. .. .	98	88	186	24	39	63	11	12	23	49	34	83

TABLE 8.

*Shewing the Ages of the Admissions, Discharges, and Deaths during the Year.*

AGES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
	M.	F.	T.	Recovered.			Relieved, Removed, or otherwise.			M.	F.	T.
				M.	F.	T.	M.	F.	T.			
From 5 to 10 Years .. ..	-	-	-	-	-	-	-	-	-	-	-	-
" 10 to 15 " .. ..	2	1	3	-	1	1	-	1	1	1	-	1
" 15 to 20 " .. ..	3	4	7	1	2	3	-	-	-	-	1	1
" 20 to 30 " .. ..	17	19	36	5	13	18	3	5	8	5	3	8
" 30 to 40 " .. ..	33	21	54	5	9	14	4	3	7	12	5	17
" 40 to 50 " .. ..	23	20	43	6	8	14	3	1	4	10	7	17
" 50 to 60 " .. ..	11	13	24	5	4	9	-	2	2	8	6	14
" 60 to 70 " .. ..	7	8	15	2	2	4	-	-	-	6	5	11
" 70 to 80 " .. ..	1	1	2	-	-	-	-	-	-	3	2	5
" 80 to 90 " .. ..	1	1	2	-	-	-	1	-	1	4	5	9
" 90 and upwards .. ..	-	-	-	-	-	-	-	-	-	-	-	-
Total .. ..	98	88	186	24	39	63	11	12	23	49	34	83

TABLE 9.

*Condition as to Marriage in the Admissions, Discharges,  
and Deaths, during the Year.*

Condition in reference to Marriage.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
				Recovered.			Removed Relieved or Otherwise.					
	M.	F	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
Single.. ..	30	34	64	6	13	19	4	5	9	16	11	27
Married . .	61	43	104	17	23	40	4	6	10	23	12	35
Widowed .. ..	7	10	17	1	3	4	3	1	4	8	10	18
Not ascertained..	..	1	1	..	..	..	..	..	..	2	1	3
Total .. .	98	88	186	24	39	63	11	12	23	49	34	83

TABLE 10.

*Shewing the probable Causes, apparent or assigned, of the Disorder in the Admissions, Discharges and Deaths of the Year.*

CAUSES.	THE ADMISSIONS.			THE DISCHARGES.						THE DEATHS.		
				Recovered.			Removed, Relieved or Otherwise.					
	M.	F.	T.	M.	F.	T.	M.	F.	T.	M.	F.	T.
MORAL:—												
Domestic Trouble ..	..	3	3	..	1	1	..	1	1	..	2	2
Fright .. ..	1	2	3	..	1	1	..	1	1	1	1	2
Grief .. ..	4	4	8	1	5	6	2	..	2	1	1	2
Mental Anxiety ..	5	3	8	..	1	1	1	1	2	1	1	2
Disappointment in } Love .. .. }	1	1	2	..	..	..	..	..	..	1	.	1
Loss of Employment	7	..	7	2	1	3	1	..	1	..	..	..
Religion .. ..	4	..	4	1	1	2	..	..	..	..	..	..
Money Matters ..	2	2	4	..	..	.	..	..	..	..	..	..
Excitement after } Imprisonment }	1	..	1	..	..	..	..	..	..	..	..	..
Failure in Business	..	..	..	..	..	..	1	..	1	..	2	2
PHYSICAL:—												
Privation.. ..	1	1	2	..	1	1	..	..	..	..	1	1
Congenital .. ..	1	2	3	..	..	..	..	..	..	1	..	1
Sunstroke .. ..	2	..	2	1	..	1	..	..	..	..	..	..
Recurrence of Mania	2	3	5	3	2	5	..	1	1	..	..	..
Bodily Injury ..	2	..	2	1	..	1	..	..	..	3	..	3
Intemperance ..	2	..	2	..	..	..	1	1	2	..	2	2
Puerperal .. ..	..	6	6	..	2	2	..	..	..	..	..	..
Epilepsy .. ..	1	3	4	..	..	..	1	..	1	..	1	1
Overwork .. ..	2	..	2	..	..	..	..	..	..	..	..	..
Fever .. ..	2	1	3	1	..	1	..	..	..	..	..	..
Hereditary .. ..	2	..	2	..	..	..	..	..	..	1	..	1
Injury to Head ..	1	.	1	..	..	..	..	1	1	3	.	3
Fits .. ..	1	..	1	..	..	..	.	..	..	..	..	..
Bronchitis .. ..	..	..	..	..	1	1	..	..	..	..	..	..
Long and Severe } Illness .. .. }	..	..	..	..	.	..	..	..	..	1	..	1
“Rheumatics” in Head	..	..	..	..	..	..	..	..	..	..	1	1
Not ascertained ..	54	57	111	14	23	37	4	6	10	36	22	58
Total .. ..	98	88	186	24	39	63	11	12	23	49	34	83



TABLE 11.

*Abstract of Patients admitted, discharged, and adjudicated, during the year ending 31st Dec. 1870.*

UNIONS AND PARISHES.	ADMISSIONS.		Total.	DISCHARGES.		Remaining 31st Dec. 1870.	Remarks.	Appropriated Number of Patients Receivable from each Union.
	During the Year.	Adjudications.		Discharges and Deaths.	Adjudications.			
	Patients in the Asylum 1st January, 1870.							
Camberwell .. ..	34	18	53	8	4	41		25
Chertsey .. ..	34	5	39	5	1	33		All
Dorking.. ..	19	9	28	5	..	23		All
Farnham .. ..	32	5	37	10	..	27		All
Guildford .. ..	45	16	61	19	..	42		All
Hambleton .. ..	18	4	22	2	..	20		All
Lambeth .. ..	118	51	170	37	8	125		100
Saint Saviour's .. ..	112	26	139	26	2	111	Newington and St. George-the-Martyr are this year incor- porated with Saint Saviour's Union.	90
Saint Olave's.. ..	77	37	115	26	1	88	Bermondsey and Rotherhithe are this year incorporated with Saint Olave's Union.	65
Windsor .. ..	11	2	13	2	..	11		All (Surrey part).
Croydon .. ..	2	..	2	..	..	2		..
Wandsworth & Clapham	4	3	7	1	..	6		..
Godstone .. ..	1	..	1	..	..	1		..
County of Surrey .. ..	105	10	117	9	1	107	{ * Order on Medway } { Union abandoned } { † Order from Coun. } { ty appealed against }	All
Out County Unions .. ..	8	..	20	19	1†	..		..
Total .. ..	620	186	824	169	18	637		

TABLE 12.

*Head Male Attendant's Summary of Daily Reports.*

1870.						Wednesday. Nov. 16.		Thursday, Nov. 17.		Friday, Nov. 18.	
EMPLOYED.						Morn.	Aft.	Morn.	Aft.	Morn.	Aft.
Under the	Gardener ..	..	..	..	..	63	63	71	71	71	71
„	Farm Bailiff ..	..	..	..	..	57	57	53	53	50	50
Assisting	Joiner ..	..	..	..	..	2	2	1	1	1	1
„	Engineers ..	..	..	..	..	3	3	3	3	3	3
„	in Laundry ..	..	..	..	..	7	7	7	7	7	7
„	Plumber ..	..	..	..	..	1	—	—	—	—	—
„	Painter ..	..	..	..	..	3	3	3	3	3	3
„	Tailor ..	..	..	..	..	5	5	5	5	5	5
„	Shoemaker ..	..	..	..	..	4	4	4	4	4	4
„	Upholsterer ..	..	..	..	..	5	5	5	5	5	5
„	Baker.. ..	..	..	..	..	3	3	3	3	3	3
„	Bricklayer ..	..	..	..	..	1	1	1	1	1	1
„	in Domestic Offices ..	..	..	..	..	9	9	9	9	9	9
Coal Carriers ..	..	..	..	..	..	6	6	7	7	7	7
Helpers in Wards ..	..	..	..	..	..	25	25	26	26	25	25
„	Kitchen ..	..	..	..	..	4	4	4	4	3	3
Total .. ..						198	197	202	202	197	197
UNEMPLOYED.											
Unable from Excitement ..	..	..	..	..	..	25	25	23	23	25	25
„	Depression ..	..	..	..	..	35	35	37	37	36	36
„	Sickness, Infirmary, or } Old Age .. ..	..	..	..	..	46	46	44	44	42	42
Able, but unwilling ..	..	..	..	..	..	13	14	10	10	16	16
Secluded .. ..	..	..	..	..	..	—	—	—	—	—	—
Total .. ..						119	120	114	114	119	119
At Morning Prayers .. ..						70	—	72	—	73	—
Admissions .. ..						—	—	—	—	—	—
Discharges .. ..						—	—	—	—	—	—
Deaths .. ..						—	—	1	—	—	—
Total .. ..						317	317	316	316	316	316
At Entertainment .. ..						—	88	—	—	—	—

TABLE 12.

*Head Female Attendant's Summary of Daily Reports.*

1870. EMPLOYED.	Wednesday, Nov. 16.		Thursday, Nov. 17.		Friday, Nov. 18.	
	Morn.	Aft.	Morn.	Aft.	Morn.	Aft.
Assisting in Kitchen .. .. .	3	3	3	3	2	2
Ditto Laundry .. .. .	33	33	33	33	32	32
Making Men's Clothing .. .. .	6	6	6	6	6	6
Binding Boots and Shoes .. .	4	4	4	4	3	3
Mending Stockings .. .. .	19	18	17	16	18	38
Knitting and Netting .. .. .	4	4	4	4	2	2
Sewing and Quilting .. .. .	80	104	78	103	86	94
Helpers in Wards .. .. .	60	36	60	36	60	36
Mending Men's Clothing .. .. .	5	5	5	5	4	4
Cutting out Room .. .. .	1	1	1	1	1	1
Total .. .. .	215	214	211	211	214	218
UNEMPLOYED.						
Unable from Excitement .. .. .	31	31	31	31	29	30
„ Depression .. .. .	14	14	13	13	12	12
„ Sickness .. .. .	14	14	17	17	12	12
„ Infirmary or Old Age .. .	30	30	30	30	30	30
Able, but unwilling .. .. .	20	21	22	22	27	23
Secluded .. .. .	—	—	—	—	—	—
Total .. .. .	109	110	113	113	110	107
At Morning Prayers .. .. .	60	—	68	—	57	—
Admissions .. .. .	—	—	—	—	—	2
Discharges .. .. .	—	—	—	—	—	1
Deaths .. .. .	—	—	—	—	—	—
Total .. .. .	324	324	324	324	324	325
At Entertainment .. .. .	—	114	—	—	—	—

REPORT  
OF  
THE CHAPLAIN.

---

BROOKWOOD ASYLUM,  
SURREY.

MY LORDS AND GENTLEMEN,

During the year for which I have now the honour of presenting to you my Fourth Annual Report, my work in connection with your Asylum has been carried on without intermission.

Every Sunday two full Services were held in the Chapel, at both of which short sermons were given, except on Communion Sundays, when the sermon at Morning Prayer was omitted. The average attendance of patients was about 260, which, with the necessary number of attendants, is about as many as the Chapel will hold. No real disturbance or interruption of the Service has ever occurred; any occasional disposition to irregularity on the part of a patient being



quickly suppressed by the others around him, or by a word from an attendant near; the most perfect order and decorum prevail throughout the congregation, many of whom join devoutly with their voices in the responses, chants and hymns.

The Holy Communion was administered 14 times; the number of patients partaking thereof each time varied from 6 to 13, of whom the majority, as heretofore, were men. The persistent abstinence of all the attendants and servants on the female side of the house from the Lord's Table, and consequently, as I believe, of many more of the female patients who otherwise might attend, is a source of much grief to me.

Daily Morning Prayer at half-past eight has been held by me in the house, in the large apartment used as a workshop and also as a recreation hall. The average attendance was nearly 130. This religious exercise consists of reading of Holy Scriptures, usually followed by a brief discourse thereon, and prayers from the Book of Common Prayer; the whole not exceeding 15 minutes in duration. On a few occasions, in my absence, prayers were read by the Head Attendant, Mr. TURNER.

Besides these regular ordinances, I have, at other times, (as during Lent,) held Special Services within the Asylum with a view to give additional religious advantages to those

who were desirous of them, without either producing *ennui* or making sacred things too common.

Special Services were also held and appropriate sermons preached in the Chapel on particular occasions, as on the greater festivals and fasts of the church, and on the 17th of June, which, being the anniversary of the Asylum, is observed as a holiday.

I have continued to hold weekly Evening Classes of men and women separately, for instruction in reading, writing, etc., of which some of the patients are always glad to avail themselves.

Books, periodicals, and newspapers are constantly supplied to all the wards for the use of the patients generally, or lent to particular persons at their request.

Meetings of the patients for Choral Practice at the Chapel on week-days are encouraged.

These various means of improving, entertaining, and interesting the inmates of the Asylum, which fall within my province, no less than the entertainments regularly provided in the Winter half-year, in which I have often the pleasure of taking part, are well appreciated by many of our afflicted charge, and undoubtedly tend to the well-being of all, and the recovery of some.

I desire to take this opportunity of thanking you, my Lords and Gentlemen of the Committee, for your kindness to me, evinced by the late addition to my stipend. I trust I shall ever remain worthy of your confidence.

I have the honor to be,

My Lords and Gentlemen,

Your obedient Servant,

JOHN M. GILLINGTON.

# REPORT

## OF

### COMMISSIONERS IN LUNACY.

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BROOKWOOD ASYLUM,  
17th June, 1870.

Upon our visits yesterday and this day, we have inspected the Asylum, in its several departments, including the Farm Bailiff's and Gardener's Houses, which form distinct establishments, and afford accommodation each for 12 quiet and harmless male patients.

We have to report the following as the changes in the patients, since the visit of our Colleagues, 24th June, 1869, and their present numbers—

	Males.	Females.	Total.
Admitted .. .. .	140	126	266
Discharged .. .. .	24	49	73
„ of whom recovered ..	18	40	58
Died .. .. .	46	35	81
<hr/>			
Present numbers on Books .	315	334	649
Of whom absent on trial ..	1	1	2



The assigned causes of death, about one-third of which were ascertained by post mortem examination, were as follows :—

	Males.	Females.	Total.
General paralysis .. ..	22	1	23
Other diseases of brain .. ..	11	9	20
Epilepsy .. .	3	5	8
Disease of lungs.. ..	4	8	12
Other ordinary causes .. ..	6	12	18

In reference to the rate of mortality, which is somewhat above the average in Asylums, it is material to consider the ages at death, as set forth in the subjoined table.

#### AGES AT DEATH.

	Males.	Females.	Total.
50 to 60 .. ..	9	3	12
60 „ 70 .. ..	8	6	14
70 „ 80 .. ..	3	4	7
Upwards of 80 .. ..	2	6	8
	<hr/>	<hr/>	<hr/>
	22	19	41
Under 50 years .. ..	24	16	40
	<hr/>	<hr/>	<hr/>
Total .. ..	46	35	81
	<hr/>	<hr/>	<hr/>

The sanitary state of the Asylum is at present good : the patients registered as under medical treatment being only 24 in each division, and all for ordinary ailments.

The patients of both sexes at the time of our visits to the wards were, with scarcely an exception, quiet and orderly,

and their personal condition as to clothing, and otherwise, was very satisfactory, and creditable to the attendants in charge.

According to the Medical Journal, since the last visit only one patient of each sex has been placed in seclusion, each for half an hour.

Upon this subject Dr. Brushfield states, as the result of his experience and observation, that special care and treatment in the open wards is preferable in all cases of violent excitement to seclusion. He is strongly of opinion that not only is the benefit to the patient thereby promoted, but the effect is to ensure vigilance and the more efficient performance of their duties on the part of the attendants.

The staff of Attendants is as follows:—

Male Division.					Female Division.				
Ward attendants, including					Ward attendants .. ..				25
three wives .. ..	..	..	..	26	Laundry .. ..				2
Artisans .. ..	..	..	..	15	Kitchen .. ..				4

There is also in each division a Head Attendant. Amongst the artisans are reckoned the Gardener and Farm Bailiff.

On the female side a Housekeeper has charge of the domestic arrangements and cutting out, and is also organist and pianist.

Divine Service in the Chapel on Sundays (morning and afternoon) is attended by about 120 men and 150 women, and about 60 of the former, and 70 of the latter, are present at daily morning prayers in the Recreation Hall.

The ward returns relative to employment show the following results :

Males.					Females.				
Farm and land	..	..		109	Needlework and Knitting				105
Trades	..	..	..	37	Laundry	.	..	..	35
Others	..	..	..	44	Kitchen and offices		..		10
					Others	..	..	..	69
<hr/>					<hr/>				
Total	..	..	..	190	Total	..	..	..	219
<hr/>					<hr/>				

We found the several wards and rooms, beds and bedding in the best order; and the interior of the Asylum throughout had an aspect of cheerfulness and comfort. The furniture is much of it of a domestic character, and the corridors and day rooms are well decorated.

In 8 out of the 10 wards (the 2 exceptions being both in the female division) we noticed good bagatelle boards. In Nos. 1 and 9 on the male side, there are also two billiard tables.

Much progress has been made in forming good walks, with seats at convenient distances, round and over the estate.

Since the last visit, the Airing Courts have been thoroughly drained, and put into proper order.

We have satisfaction in reporting that an arrangement has been made with the Basingstoke Canal Company, for an unlimited supply of water, at a charge of 3d. per 1000 gallons.

In reference to the last Report, we have also to state as follows :—

- (1.) In ward No. 2, (on the upper floor) in each division, the darkness of the extremity of the corridor has been remedied by the removal of a cross wall. The wards No. 1 (below) will also be rendered more light and cheerful by the insertion of glass panels in the doors of the day rooms.
- (2.) The wall suggested for the separation of the sexes in the laundry department has been erected.

We have further to report the following additions and improvements since the last visit :—

- (1.) The water tower and tank have been completed.
- (2.) The day space has been increased in all the wards.
- (3.) The heating apparatus throughout the wards has been completed.
- (4.) The land towards the north has been drained, and the garden re-drained.
- (5.) The lower engine and pump have been erected.
- (6.) Some additional land has been purchased along the northern boundary of the estate, so as to secure the Asylum against being encroached upon and overlooked by buildings in that direction.



Adverting to the large increase, about 110 since the last visit (a period of only one year), in the number of patients, we take the present opportunity of suggesting, for the consideration of the Committee of Visitors, the expediency of appointing a second Assistant Medical Officer.

The Case Books are now duly entered up, and properly kept, by Dr. Swain, who is evidently very attentive and efficient in the discharge of his duties as Assistant Medical Officer.

The improved and satisfactory condition of the Asylum continue to reflect great credit upon Dr. Brushfield's superintendence and management.

The Committee of Visitors are most assiduous in the discharge of their statutory duties: at least three members visiting the Institution once a fortnight.

R. W. S. LUTWIDGE,	}	<i>Commissioners</i> <i>in Lunacy.</i>
ROBERT NAIRNE,		

## STAFF AND EMOLUMENTS.

*On 31st December, 1870.*

## OFFICERS.

* Medical Superintendent	..	..	..	..	..	..	..	..	..	£600	0	0	
Assistant Medical Officer	..	..	..	..	..	..	..	..	..	125	0	0	
† Chaplain..	..	..	..	..	..	..	..	..	..	250	0	0	
† Clerk to Visitors	..	..	..	..	..	..	..	..	..	52	10	0	
* Clerk and Steward	..	..	..	..	..	..	..	..	..	150	0	0	
Do. for board, £1 per week	..	..	..	..	..	..	..	..	..	52	0	0	
Housekeeper	..	..	..	..	..	..	..	..	..	40	0	0	
* Head Male Attendant	..	..	..	..	..	..	..	..	..	70	0	0	
Head Female Attendant	..	..	..	..	..	..	..	..	..	40	0	0	
											£1,379	10	0

## SERVANTS—MALE.

1	Assistant Clerk	..	..	..	..	..	..	..	..	..	40	0	0
2	1st Class Attendant and Wife in charge of Male Sick Ward										53	0	0
2	1st Class Attendant and Wife in charge of Workshop Ward										52	0	0
2	1st Class Attendant and Wife in charge of Detached Block..										50	0	0
2	1st Class Attendants at £33	.	..	..	..	..	..	..	..		66	0	0
1	Ditto ditto..	..	..	..	..	..	..	..	..	..	32	0	0
1	Ditto ditto..	..	..	..	..	..	..	..	..	..	30	0	0
1	Ditto Tailor Attendant	..	..	..	..	..	..	..	..	..	32	0	0
1	Ditto Shoemaker Attendant	..	..	..	..	..	..	..	..	..	31	0	0
1	Ditto Mattress Maker Attendant	..	..	..	..	..	..	..	..	..	31	0	0
1	Ditto Plumber Attendant	..	..	..	..	..	..	..	..	..	31	0	0
3	2nd Class Attendants at £27	..	..	..	..	..	..	..	..	..	81	0	0
3	Ditto ditto at £26	..	..	..	..	..	..	..	..	..	78	0	0
8	Ditto ditto at £25	..	..	..	..	..	..	..	..	..	200	0	0
1	Under-Gardener Attendant	..	..	..	..	..	..	..	..	..	26	0	0
1	Store Porter	..	..	..	..	..	..	..	..	..	30	0	0
1	Hall Porter	..	..	..	..	..	..	..	..	..	30	0	0
1	Baker	..	..	..	..	..	..	..	..	..	30	0	0

Forward .. .. 923 0 0

\* Lodged. † Have neither Board nor Lodging.

## SERVANTS—MALE.—(continued.)

											£	s.	d.
							Forward	..	..	..	923	0	0
1	Laundryman	..	..	..	..	..	..	..	..	..	30	0	0
*1	Engineer	..	..	..	..	..	at per week	£1	15	..	91	0	0
†1	2nd Engineer	..	..	..	..	..	—	1	7	..	70	4	0
†1	Smith	..	..	..	..	..	—	1	0	..	52	0	0
†1	Gasman	..	..	..	..	..	—	1	7	..	70	4	0
*1	Joiner..	..	..	..	..	..	—	1	10	..	78	0	0
†1	Bricklayer	..	..	..	..	..	—	1	10	..	78	0	0
1	Farm Bailiff	..	..	..	..	..	—	1	10	..	78	0	0
1	Gardener	..	..	..	..	..	—	1	10	..	78	0	0
†1	Carter	..	..	..	..	..	—	0	18	..	46	16	0
†1	Farm Labourer	..	..	..	..	..	—	0	18	..	46	16	0
†1	Cowman	..	..	..	..	..	—	0	18	..	46	16	0
†1	Farm Boy	..	..	..	..	..	—	0	6	..	14	6	0
											£1,703	2	0

## SERVANTS—FEMALE.

3	1st Class Attendants	..	..	..	..	..	at £21	..	..	..	63	0	0
1	Ditto	ditto	..	..	..	..	..	..	..	..	20	0	0
2	Ditto	ditto	..	..	..	..	at £19	..	..	..	38	0	0
2	2nd Class Attendants	..	..	..	..	..	at £16	..	..	..	32	0	0
6	Ditto	ditto	..	..	..	..	at £15	..	..	..	90	0	0
10	Ditto	ditto	..	..	..	..	at £14	..	..	..	140	0	0
1	Cook	..	..	..	..	..	..	..	..	..	30	0	0
1	Laundress	..	..	..	..	..	..	..	..	..	20	0	0
1	Laundry Attendant	..	..	..	..	..	..	..	..	..	15	0	0
1	Ditto	ditto	..	..	..	..	..	..	..	..	14	0	0
2	Housemaids	..	..	..	..	..	at £16	..	..	..	32	0	0
1	Kitchenmaid	..	..	..	..	..	..	..	..	..	15	0	0
											£509	0	0

\* Lodged.      † Have neither Board nor Lodging.

## CONTRACT AND OTHER PRICES

OF THE PRINCIPAL ARTICLES OF CONSUMPTION.

												£	s.	d.
Beef and Mutton, average price per stone of 8lbs...	..	..	..	..	..	..	..	..	..	..	..	0	4	6½
Dried Bacon .. .. .	..	..	..	..	..	..	..	..	..	..	..	3	18	8
Salt Butter .. .. .	..	..	..	..	..	..	..	..	..	..	..	5	2	6
Cheese . . . . .	..	..	..	..	..	..	..	..	..	..	..	3	3	0
Ditto .. .. .	..	..	..	..	..	..	..	..	..	..	..	3	19	4
Moist Sugar .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	14	3
Ditto .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	18	6
Soda .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	5	10½
Starch .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	13	0
Blacklead .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	0	3½
Pepper .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	0	6½
Tea.. .. .	..	..	..	..	..	..	..	..	..	..	..	0	1	10½
Flaked Cocoa.. .. .	..	..	..	..	..	..	..	..	..	..	..	2	18	0
Table Beer .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	16	0
Porter .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	11	4
Flour .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	18	0
Molasses .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	17	0
Soap, Yellow, best .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	9	0
,, McDougall's Carbolic (Scouring) .. .. .	..	..	..	..	..	..	..	..	..	..	..	1	15	0
Household Coals .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	17	4
Steam do. .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	15	4
Gas do. .. .. .	..	..	..	..	..	..	..	..	..	..	..	0	19	4

WALTER CAPPE,

*Clerk and Steward.*



## DIET SCALES.

Days		Bread		Meat		Potatoes				Flour		Peas		Rice		P. Barley		Carrots		Onions		Turnips		Suet or Drippng		
						Peeled		Unpeel'd																		
		M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.	F.	M.
		oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.	oz.
Sunday	Roast Meat	16	12	7	6	12	10	..	..	..	..	..	..	..	..	..	..	..	1¼	1¼	..	..	..	..	..	..
Monday	Boiled Meat	16	12	7	6	..	..	16	12	..	..	..	..	..	..	..	..	1¼	1¼	1¼	1¼	1¼	..	..	..	..
Tuesday	Irish Stew	16	13	2	2	16	12	..	..	..	..	..	..	..	..	..	..	1¼	1¼	1¼	1¼	1¼	..	..	..	..
Wednesday	Meat Pie	15	12	5	4	6	4	..	..	4½	3½	..	..	1½	1½	..	..	..	..	..	..	..	..	1½	1	..
Thursday	Boiled Meat	16	12	7	6	..	..	16	12	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Friday	Soup	12	10	2	2	..	..	..	..	8	6	1¾	1¾	¾	¾	¼	¼	1¾	1¾	⅞	⅞	..	..	1½	1	..
Saturday	Meat Pie	15	12	5	4	6	4	..	..	4½	3½	..	..	1½	1½	..	..	..	..	..	..	..	..	1½	1	..
Weekly Total ..		106	83	35	30	40	30	32	24	17	13	1¾	1¾	3¾	3¾	¼	¼	3	3	3¾	3¾	1¼	1¼	4½	3	..

## EXTRA FOR WORKERS.

Males.—4 oz. Bread, 1 oz. Cheese,  $\frac{1}{2}$  pint Beer,  
Daily

Females.—3 oz. Bread, 1 oz. Cheese,  $\frac{1}{3}$  pint Beer,  
Daily.

# DIET SCALES.—Continued.

Days.	BREAKFAST.				DINNER.										SUPPER.														
	Males.		Females.		Males.					Females.					Males.			Females.											
	Bread	Butter	Cocoa	Bread	Butter	Cocoa	Uncooked Meat	Irish Stew	Soup	Meat Pie	Vegetables	Bread or Dumpling	Beer	Uncooked Meat	Irish Stew	Soup	Meat Pie	Vegetables	Bread or Dumpling	Beer	Bread	Seed Cake	Butter	Tea	Bread	Seed Cake	Butter	Tea	
Sunday	6	1	1	5	1	1	7	..	..	..	12	4	½	6	..	..	..	10	2	1	..	6	..	1	..	5	..	1	
Monday	6	1	1	5	1	1	7	..	..	..	16	4	½	6	..	..	..	12	3	1	6	..	1	..	4	..	1	1	
Tuesday	6	1	1	5	1	1	2	1½	..	..	16	4	½	2	1	..	..	12	4	1	6	..	1	..	4	..	1	1	
Wednesday	6	1	1	5	1	1	5	..	..	..	6	3	½	4	..	..	12	4	2	1	1	6	..	1	..	5	..	1	
Thursday	6	1	1	5	1	1	7	..	..	..	16	4	½	6	..	..	..	12	3	1	6	..	1	..	4	..	1	1	
Friday	6	1	1	5	1	1	2	..	1½	..	..	16	½	2	..	..	..	..	12	3	1	6	..	1	5	..	1	1	
Saturday	6	1	1	5	1	1	5	..	..	..	6	3	½	4	..	..	12	4	3	1	1	6	..	1	4	..	1	1	
Weekly Total	42	2½	7	35	2½	7	35	1½	1½	1½	72	38	3½	30	1	1	1	24	29	2½	30	42	12	1½	7	31	10	1½	7

*Tobacco and Snuff*, given as indulgences to the Patients who are employed in Field Work, &c., and to other Patients, by order of the Medical Superintendent.

The *Extra Diets*, as per Summary of Sick Lists, consist of *Mince Meat, Bread, Beef Tea, Mutton Chops, Beef Steaks, Bacon, Eggs, Light Puddings, Green Vegetables, Arrowroot, Tea, Coffee, Milk, Porter, Wine, Brandy, Gin, &c., &c.*

*Cocoa* for 100 Patients.

¾ lbs. Cocoa  
6½ " Treacle  
3 gals. Milk

1 lb. Tea  
4 " Sugar  
2 gals. Milk

*Meat Pies*—1 lb. to each Male Patient, and 12 oz. to each Female Patient. *Suet Dumplings*—1 lb. to Males, and 12 oz. to Females on Soup Days (Fridays.) *Soup* consists of the Liquor of the Boiled Meat of the previous day, Bones, &c., with Meat, 12 lbs.

*Peas*, 5 lbs. *Rice*, 1½ lbs. *Pearl Barley*, 12 lbs. *Carrots*, 6 lbs. *Onions*, *Spice*, &c., for 100 Patients. *Fruit Pies* are substituted for Meat when fruit is in Season.

*Mince Meat Diets* consist of 6 oz. *Cooked Meat* for Males, 5 oz. for Females, ¾ lb. *Peeled Potatoes*, 1½ oz. *Rice*, and 3 oz. *Bread*, each. *Calce* made from the Dough for Bread, with the addition of 6½ lbs. *Dripping*, 2½ lbs. *Sugar*, and ¾ lb. *Carraway Seeds*, per 100 Patients.